



4-H Express

Grounded
in the past
Built
for the future

September/October 2023

Editor: Melissa Yates — Production: Rebecca Kludy

Re-enroll Today!

Enroll online at <https://v2.4honline.com/>

For more enrollment information visit:

bit.ly/JoinLC4H



- Enroll by November 1st so not to miss out on important communication about future 4-H programs and activities!
- Enroll each family member including adults interested in adult volunteerism. Each year it seems families forget to enroll all adults in the family. So double check all family enrollments.

- Be sure to check the projects you are enrolled in. Update them as needed!

PASSION CREATIVITY INTELLECT CONFIDENCE

LEARNING COMMUNITY LOGIC FUN UNDERSTANDING

LIFE SKILLS COMPASSION GIVING BACK HEALTHY HABITS

CAREERS PERSEVERANCE WORK ETHIC



FIND YOUR SPARK

National 4-H Week
October 2-8, 2022



**VOLUNTEER TODAY.
INSPIRE FOR A LIFETIME.**

Consider being an adult 4-H Volunteer! There are many ways to be a part of 4-H! For more information:

bit.ly/LC4HVolunteers

Purpose Statement

"We teach, learn, lead and serve, connecting people with the University of Wisconsin, and engaging with them in transforming lives and communities."



Extension
UNIVERSITY OF WISCONSIN-MADISON
LINCOLN COUNTY

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Hello, I am excited to start this 4-H new year with you as the new 4-H Educator. For those who don't know me, I have been a 4-H volunteer for the past 7 years, with my family consisting of my daughters Dafney, Merin, and Shelby, along with my husband Jim (a life long 4-H member). My background is in school health education from UW-LaCrosse, and I have worked as the FoodWise Nutrition Educator/Coordinator for the past 6 years.

Fun Fact:

I have lived on a farm all my life (except for college years) but I was not involved with 4-H as a youth. This is inspiration for me to develop welcome procedures and communication to other new families to 4-H.

I look forward to working with you all on telling your 4-H story as well as how we welcome new members in to this great organization. My goals is to visit as many clubs as possible this year, to meet your members, learn about your goals, and what "sparks" your interests.

Enrollment has opened for this year: www.bit.ly/JoinLC4H

Youth, what "sparks" your interest? This year, are you hungry to meet new people and see new places?



Melissa Yates

Volunteers, thank you for all you do! What are you "sparks" this year in 4-H? Do you have an interest that others would benefit from? Do you have a skill or interest in youth that is currently not being addressed in Lincoln County?

I welcome your ideas.
Let's work together to keep
4-H Lincoln County
growing strong

Eat and Raise Money!

September/October 2023



Lincoln County 4-H will be holding a Culver's Fundraiser!

Join us for Lincoln County 4-H Fundraiser at Culver's. Lincoln County 4-H will receive a percentage of all orders sold during the day, including drive through customers. There will also be baked goods for sale (homemade pies, bars and other goodies). All of those proceeds will go to Lincoln County 4-H!

Thursday, October 13th

Take someone out to lunch! Meet your friends for supper. Enjoy a yummy Culver's treat for being awesome! Don't worry about cooking supper—you've been working hard and deserve the night off!

Come early baked goods sell out fast.

Familiar 4-H faces will be there 4-6 pm
If you stop by our table, with your 4-H shirt on
you can get some fine 4-H swag and goodies!



&



**Eat tasty food and support
Lincoln County 4-H!**



Lincoln County 4-H Express



National

October Believe in our youth. Believe

What can you do to celebrate National 4-H Week?

Make a poster! (page 6)

Set up a promotional display! (page 7)

Do the Daily Celebrations! (page 5)

**Go to the Tractor Supply meet-
and-greet!** (Watch for details!)

**Tell everyone you meet how awesome
Lincoln County 4-H is!**

Bring a friend to your next 4-H meeting!

Lincoln County



Est. 1920

**Grounded in the past,
Bound for the future!**



**MORE OPPORTUNITY,
MORE SMILES.**

Every kid needs the chance to thrive. It'll inspire their lives,
and they'll inspire our community.

4-H Week



September/October 2023



2-8

Believe in our future. in 4-H

CELEBRATE DAILY!

Show your PRIDE in Lincoln County 4-H during National 4-H week. Join in each of the daily celebrations. Then post to the social media of your choice – or just share in real life if your not online!

Sun.

SERVICE PROJECT SUNDAY

Do something nice for a neighbor or a family member.

Mon.

MEMBER MONDAY

Showcase that you are a member of 4-H!

Tues.

TELL YOUR STORY TUESDAY

Share your 4-H story!

Wed.

4-H SPIRIT DAY WEDNESDAY!

Show your 4-H spirit!

Thurs.

THROWBACK THURSDAY

Share how you have grown in 4-H, post something from the past!

Fri.

FAVORITE PROJECT FRIDAY

Share your favorite 4-H project.

Sat.

SHUTOUT SATURDAY

Thank someone who supported you in 4-H!



Rules and Restrictions

- Open to ALL Lincoln County 4-H Members
- Must be done by the individual
- Limit: 1 Entries
- Correct use of the 4-H Clover
- NO copyrighted materials

The following information must be added to the top right corner on the BACK of the poster

- Name
- Club/Grade
- Address/Phone

All entries must be turned into the Extension 4-H Office by September 26th, 2022. Poster entries will be displayed during 4-H week () and will be judged at the October 4-H Board of Directors meeting.

Poster Requirements:

- **Poster Board**—Any color
- **Size**—14" x 22" (Vertical or Horizontal)
- **4-H Clover**—Do not place anything over it. Must be only in green, black or gold/yellow.
- **Contact information**—Website (bit.ly/LincolnCounty4H or phone number (715-539-1072)

Helpful Advice:

- **Theme:** "#Opportunity4All" Does the poster attract attention? Is the message brief and direct?
- **Simplicity:** Is the poster limited to one idea and readable at a glance?
- **Originality:** Does the poster convey an original idea? An common idea in a new way?
- **Appearance:** Is the poster well balanced and neatly done? Does it cover the whole board? Is it free from smudges? Do the images need outlining? Step back 8-10 feet, can you read it and can you still see what all the pictures are?

Divisions:

- Cloverbud (K-2nd grade)
- Junior (3rd-5th grade)
- Intermediate (6th - 8th grade)
- Senior (9th - 13th grade)

Prizes!

Each poster will receive a ribbon (Cloverbuds—participation only) and every 4-Her that submits a poster will be entered into a drawing to win 4-H Swag!

Lincoln County



Display Contest

September/October 2023



Rules and Restrictions

- Open to ALL Lincoln County 4-H clubs and families
- All displays must be visible for the public to see (front yards, store windows, lobby displays, etc.) the entire week of October 2-8. **(They can be inside or outside.)**
- Displays will be judged at the October meeting of the 4-H Board of Directors.
- Only one (1) display per family and/or club may be entered. (A family may do their own display, plus help their club make one.)
- Displays will be judged on eye appeal, neatness, originality and conveying a clear message about the Lincoln County 4-H Centennial.



Displays must remain up the entire week of Oct 2-8.

Requirements

- It needs to include
- A clear message about the National 4-H Week Theme: #Opportunity4All
- Contact information of website (“bit.ly/JoinLC4H”) or phone (“715-539-1072”).
- Displays will be judged at the October 4-H Board of Directors meeting.
- Only one (1) display per family and/or club may be entered. Therefore, a family may do their own display, plus help their club make one.
- Do not place anything over the 4-H Clover. It must be only in green, black or gold/yellow.

To enter:

- Email rebecca.kludy@wisc.edu with
- A picture of the display
- Name of club or family
- Names of all who helped make the display
- Where the display is located
- Entries must be received by **Monday, October 10th**.

Prizes!

Family entry
1st—\$10
2nd—\$6
3rd—\$4

Club entry
1st—\$15
2nd—\$10
3rd—\$5



Lincoln County 4-H Express

Celebrate 4-H!



Join us for a 4-H Celebration!

The past couple of years have been challenging for all of us, but we are 4-H strong and our resilience has shown through! Our 4-H membership has grown through these trying times and our success at keeping our youth and community connected and healthy needs to be celebrated!

Come and join us for a night of
4-H Celebration and Connections!

Watch your inboxes and Facebook for more information~

October 22, 2022

Gruetzmacher Farm

NI901 High Ridge Rd.

Merrill

6:00 pm

**PUT THIS
on YOUR
CALENDAR!**



Lincoln County 4-H touches many different lives and leaves it's mark throughout our community! National 4-H Week is the perfect time to share your love of the program.

It's easy to do: Just go to bit.ly/LC4HLove and fill out the form. Just a sentence or two to let everyone know the benefits the 4-H program provides!

We will be sharing all of your testimonials in future newsletters, on facebook and throughout our community!

4-H is an amazing place where you can show projects at the county fair, go to camp, and older youth can go on trips all over the country.

Christian

Being a camp counselor, I learned to work with others, deal with unplanned things, and, most of all, how to lead!

Dafney

4-H is AWESOME!

Every 4-H'er, everywhere

Tell us why you love Lincoln County 4-H!

bit.ly/LC4HLove



I Love Lincoln County 4-H





September

- 5 ----- New Year's Eve—Lincoln County Extension Office Closed
- 18 ----- Robotics SPIN Club Meeting, LCSC
- 26 ----- DEADLINE: Poster contest entries due
- Virtual VIP training (p.14)
- 27 ----- In-Person VIP training (p.14)

October

National 4-H Week is October 2—8

- 3 ----- Robotics SPIN Club Meeting, LCSC
- 8 ----- Virtual VIP training (p.14)
- 10 ----- DEADLINE: Submit picture of 4-H Week Display (p. 7)
- Sewing Project Meeting, LCSC
- 13 ----- Culver's Fundraiser (p. 3)
- 17 ----- Robotics SPIN Club Meeting, LCSC
- 18 ----- Lincoln County 4-H Leaders Association Meeting
- In-Person VIP training (p.14)
- Virtual VIP training (p.14)
- 20 ----- Horse Project Meeting, LCSC
- 22 ----- 4-H Celebration (p. 8)
- Virtual VIP training (p.14)
- 28 ----- Virtual VIP training (p.14)

November

Re-enrollment Deadline in order to show in the Lincoln County 4-H Fair

- 4—6 ----- Fall Forum
- 7 ----- Robotics SPIN Club Meeting, LCSC
- 14 ----- Sewing Project Meeting, LCSC
- 15 ----- Lincoln County 4-H Annual Meeting (p.15)
- 17 ----- Horse Club Meeting, LCSC
- 21 ----- Robotics SPIN Club Meeting, LCSC
- 24-25 ----- Thanksgiving—Lincoln County Extension Office Closed

NOTE: LCSC = Lincoln County Service Center, 801 N. Sales St, Merrill



4-H GROWS HERE



With the new 4-H year underway, there are a ton of great opportunities in the works! Keep an eye out for more information on:

- **National 4-H Week** — the first week of October (2—8). Check out all of the 4-H Week goodness starting on page 4.
- **Lincoln County 4-H Celebration** — October 22, at the Gruetzmacher Farm, starting at 6 pm. See page 8 and watch for more information.
- **VIP Training**—Everything you need to know to be a 4-H volunteer! Watch for these required trainings so you can be a volunteer. See page 14 for current offers.
- **Fall Forum**—Nov. 4– 6. See below and watch for more information!
- **County-wide contests** — The Communications Contest and the Music and Drama Fest are opportunities to show off your talents to the whole county!

Where Do I LOOK?

- **Emails**—Watch for emails from 4-HOnline or Melissa and Becky's wisc.edu email accounts
- **4-H Online Blasts**—This come
- **4-H Newsletter**—In your mail every other month
- **Facebook**—bit.ly/ExtLinFB
- **Instagram**—bit.ly/LC4HInsta
- **Extension Lincoln County Website**—bit.ly/ExtLin

What is Fall Forum?

- Fall Forum is an opportunity for learning and networking for youth and adult volunteers.
- Sessions are interactive and provide practical ideas to use within a club, school, or community program.
- Youth and adults learn together!
- All participants will take great resources and inspiration home with them.
- This year's forum offers over 25 educational workshops and over 15 different interactive learning stations.
- [Jesse Horn](#), sport stacker, motivational speaker, and author, will provide the keynote address and an opportunity to try cup stacking on Friday night.

Join the fun!





Are you interested in traveling?

**American Spirit East
Citizen Washington Focus
National 4-H Conference
WI 4-H Youth Conference
National 4-H Congress**

**Want to experience 4-H
beyond your club and
county?**

Check out these amazing opportunities! There is something for youth starting in 6th grade and above – and even for 4-H adult leaders! From a statewide conference at UW-Madison to a trip to the National

4-H Congress in Atlanta, GA, there's an opportunity for you! Traveling with and meeting other 4-Hers is a wonderful Educational Experience that you do not want to miss. Register for these amazing opportunities through your family's 4-H Online account.

**Check out page 16 for how to apply
for a Trips Scholarship!**

State 4-H Arts Groups!

Three State 4-H Arts Groups are formed every year to give 4-H youth the opportunity to develop their artistic and leadership skills. They then have the opportunity for real-world applications of these skills at the 4-H and Youth Conference and the Wisconsin State Fair.

Arts Team

**Communications
Team**

Drama Company

To see everything that 4-H offers visit

bit.ly/4HStateOpportunities



Wisconsin 4-H International Programs emphasizes the 4-H values of belonging and understanding through international exchange. In today's ever changing world the skill of global citizenship becomes more and more important all the time. Help the youth in your community build bridges and connect with others from around the world!

Travel the world...

Homestay Abroad — Every summer 4-H youth can apply for the amazing opportunity to experience life in another country by living abroad with a host family for one month

or help the world travel here...

Host for One Month — Hosting a young person from another country is a wonderful opportunity to expand your horizons, learn about another culture and develop lifelong friendships without even leaving your home!

Learn more—

<https://bit.ly/4HInternational>



Information regarding Summer 2023 Outbound Programs will be available in mid/late September



Costa Rica



Japan



Norway



South Korea



Romania



Taiwan



Argentina



Making the best better
...this includes our volunteers!

All new 4-H volunteers/chaperones need to complete VIP Training!

Are you interested in being a 4-H club or project leader? Maybe you are interested in being a 4-H chaperone. Maybe you became a 4-H volunteer many years ago and you are looking for a refresher on things that may have been updated (SPOILER: a lot has changed!).

This Training is for you!

We are working on scheduling some in-person trainings here in Lincoln County in October or November, however, there are a several virtual and in-person trainings that you can attend through near-by counties!

In- Person

Sept. 27 — 6:30pm
Oct. 18 — 6:30pm

Marathon County Extension
212 River Drive, Wausau.

Register at:

bit.ly/VIP4H22

Virtual

Sept. 26 — 6:30-8:30 pm
October 8 — 9:00-11:00am
October 18 — 6:30-8:30 pm
October 28 — 9:00-11:00 am

Register at:

tinyurl.com/VIPZoomTrainingFall2023

Watch for more training programs in the next few months!

Is there something you would like to be trained on? Have questions you would like answered? Want to learn more about specific 4-H programs?

Let us know: 715-539-1072 or Melissa.yates@wisc.edu



Join us for the Lincoln County 4-H Leader's Association, Inc., annual meeting.

All youth members 8th grade and above and all adult volunteers are members of the Lincoln County Leaders Association.

As members of the association you have the ability to help direct the future of Lincoln County 4-H. There are two ways to do this:

1. **Attend the 4-H Annual Meeting!** Share your thoughts, opinions, and ideas of the future of the organization. Help elect new Lincoln County 4-H Association Directors.
2. **Become a Lincoln County 4-H Board of Director!** The 4-H board of Directors is the guiding force behind Lincoln County 4-H program!



**Lincoln County 4-H
Annual Meeting**
Tuesday, November 15, 2022
Lincoln County Service Center
6:00 pm



As a member of the 4-H Board of Directors, you will:

- ◇ Make decisions on future programs
- ◇ Assist in fundraising and dispersing funds.
- ◇ Work with the 4-H Educator and the UW-Madison Extension
- ◇ Promote and spread Lincoln County 4-H awesomeness
- ◇ Strategize on new and exciting opportunities for the members
- ◇ Meet once a month, 11 times a year. Approximately 2 hours a month.



**Help direct the future
of Lincoln County 4-H**

Be a Leader for Future Leaders!



4-H has many Leadership and Travel Experiences (within the state and across the country) that older youth can participate in. In an effort for more of our Lincoln County 4-H youth to participate in these life-changing experiences, the Lincoln County 4-H Leaders Association offers scholarships to help pay for some of the expenses!

Visit: bit.ly/LC4HOlderYouth

For more information on the leadership and travel experiences available on the Scholarships, including how the application/resume process.

IMPORTANT!

This is a two step process!

- Apply for a Leadership and Travel Experience through 4HOnline
- Apply for a Lincoln County Leaders Association Scholarship through the resume process!

Wisconsin 4-H offers several awards to recognize the exceptional youth leaders that grow here in Lincoln County.

- Key Award
- “I Dare You” Award
- James W. Crowley Dairy Leadership Award

You apply for these scholarships though the same resume process as for the Experiences scholarships.

For more information: bit.ly/LC4HOlderYouth

Wait! You mean I have to apply for my own award?

Yes. Be recognized for the good work you do and the great leaderships skills you have developed in your years in 4-H.

Be recognized and help share the amazingness of 4-H!



Who Will You Nominate?

Friend of 4-H Award - Each year, Lincoln County 4-H recognizes one or two community people (non 4-H leaders) who have helped 4-H in the past year(s). Any 4-H member, parent or leader may submit a nomination for the award. Past recipients were noted for special project workshops, providing space and support for 4-H promotional activities, donations of time and money, for politically supporting the 4-H program, etc.

4-H Volunteer Leader Awards - Each year, Lincoln County 4-H, along with the Wisconsin 4-H Foundation will present two different Volunteer Recognition Awards. The **Volunteer of the Year Award** for individuals who have served as a 4-H Volunteer for less than 10 years and the **Lifetime Volunteer Award** for individuals who have served 10 or more years. Any 4-H member, parent or leader may nominate a 4-H Volunteer leader for these awards. The 4-H Board of Directors decided at their June 2004 Board meeting that a person is eligible to receive this award every 5 years. Therefore, someone who has received this award previously can be nominated again as long as it has been 5 years since they received the award. The selection is made by a committee of non 4-H adults based on what is shared on the nomination form, so please be complete and thorough.

Forms for both of these awards are available on the 4-H website at bit.ly/Lincoln4HAdultAwards, or from the Extension office.

Nominations are due by October 10th. Nominating person(s) will be asked to make the presentation at the Lincoln County 4-H Celebration on October 22..



**ALONE
WE CAN
DO SO LITTLE.
TOGETHER
WE CAN
DO SO MUCH.**
-HELEN KELLER





Horse Project Meetings

Interested in the horse project?

The Lincoln County 4-H House Project meets every month! Join us on the third Thursday of the month, 6:30 pm at the Lincoln County Service Center, in room 156.

Any questions please email Krissi at

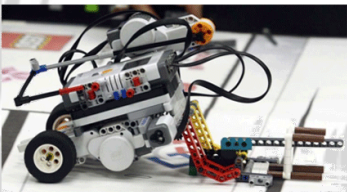
Kjschultz2018@gmail.com



ROBOTICS SPIN CLUB

The Lincoln County 4-H
ROBOTICS SPIN CLUB
is ready for you to join! Youth of all
ages are able to join.

Bring your non-4-H friends, too.



Meetings twice a month on
the 1st and 3rd Mondays!


MINDSTORMS
EV3

Visit: bit.ly/LC4HRobotics

Volunteer Opportunities

September/October 2023



Lincoln County 4-H is full of talented and motivated young adults who are looking to make a positive impact on Lincoln County and the world.

There's just one thing missing—

YOU!

Do you have a hobby to share?

A skill to teach?

An interest in working with youth?

We're looking for volunteers to host a few workshops for 4-Hers to learn a new skill. Classes could be one time only or spread over a few meetings. Topics and meeting times would be at the discretion of the 4-H adult volunteer(s) leading the workshops.

Ideas: Photography Tips; Canvas or Rock Painting; Knitting or Crocheting; Creating Christmas Wreaths; Snowshoeing/hiking; Candy Making/ Designing; Or **WHATEVER** our volunteers would like to share.



Contact Holly if you would like to lead a workshop:
holly.luerssen@wisc.edu or 715-539-1072

Sewing Project Meetings

Do you have an interest in sewing? Maxine is offering opportunities for all clothing project members in Lincoln County to develop their skills as they work on various clothing projects.

When: The second Monday of each month from 6-8 p.m.

Where: The Lincoln County Service Center in Lower Level Conference Room 156 at 801 N. Sales Street in Merrill

Maxine is offering the opportunity for Clothing Project members to work on various clothing projects. Youth may bring their own projects to work on or work on a group project.

If you have any questions contact Maxine at mafehrmann@yahoo.com or (715) 212-2838.





Extension
UNIVERSITY OF WISCONSIN-MADISON
LINCOLN COUNTY



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MERRILL, WI
PERMIT NO. 4

Official Business
Penalty for Private Use, \$300

RETURN ADDRESS REQUESTED

Youth Enrollment Deadlines

(To show at the Lincoln County Fair
in the Jr. Division)

November 1st

Deadline for re-enrollments to join 4-H and still be able to exhibit at the county fair in Junior Division as a 4-H member. (If a youth has been absent/inactive as a 4-H member for more than 12 months, they would be considered a new member upon joining 4-H again.)

March 1st

Deadline for new members to join 4-H and still be able to exhibit at the county fair in the Junior Division.

May 1st

Last date to change (add or drop) a project. Youth must be enrolled in the project by this date to exhibit in that project area at the county fair in Jr. Division.

July 15th

This deadline is set by the Lincoln County Fair. Fair information and the Fair Entry Book can be found at the Lincoln County Fair website:
www.lincolndofair.com

Youth can enroll/re-enroll in Lincoln County 4-H at ANY TIME.

All enrolled youth can participate in Lincoln County 4-H programs and projects. The above deadlines apply only for eligibility to show in the Junior Division at the Lincoln County Fair.