

It's true our Volunteers are the Heart of our local 4-H program! Currently Lincoln County 4-H has 86 adult enrolled as volunteers. Our volunteers lead clubs, organize educational opportunities through project committees, chaperone trips, and assist with planning county activities.

In Lincoln 4-H, we treasure our adult volunteers because they,

- Are part of an organization that has been making the best better for more than 100 years
- Share interests and skills with 4-H youth in a learning by doing environment
- Have fun with youth and learn with them
- Discover new friends and experiences while making a difference.



Thank you Lincoln County 4-H Volunteers for joining the 4-H program and sharing a part of you with those you meet.

We need YOU to make 4-H Great!

During the past 100 years, the volunteers of Lincoln County 4-H have partnered with the youth of the county and made great things happen. Join us! You can be part of the leadership board, help with the upcoming fundraisers, offer a workshop or Take & Learn kit, help your club run a meeting...

You can change a life!

Purpose Statement

"We teach, learn, lead and serve, connecting people with the University of Wisconsin, and engaging with them in transforming lives and communities."



Project Discovery Day & Learn Take & Learn Kits!

Were you one of the 73 youth that signed up to participate in our virtual Project Discovery Day? Over 180 Take and Learn Kits are being packed and ready to reach your hands.

Kits will be ready for pick up at the 4-H office on Thursday, Feb 18th.

Thank you volunteers for organizing 13 different kits for youth to engage in and learn from. Some of you planned zoom meetings, organized a short video, or created a power point to share. If it was not for our volunteers, the 2021 PDD would not have been as successful!

Thank You:

Kathy & Megan Teal; Madelyn & Marcie Gottschalk; Grace Schuessler; Roseanne Hoffman; Tom Zinnen; Liz Jesse; Jeanne Schmidt; Heidi Benson; The Langlade County 4-H Horse & Pony Project; Maggie Lashua; Courtney Cecil; Debbie Moellendorf; and Rebecca & Myria Kludy.

*The smallest act of kindness is worth more than
the grandest intention.*



2020/21 Annual 4-H Leaders Meeting

Who is invited? YOU ARE!

- All current 4-H volunteer leaders and older youth are encouraged to attend the Lincoln County 4-H Annual Leaders meeting on Tuesday, March 2, 2021 at 6pm.
- It is recommended that all chartered clubs and projects/groups have at least one adult and one youth in attendance.

Agenda Items:

- 2021 Elections:
 - Leaders Association Board: Adults and Youth
 - Would you like to make a difference in local 4-H programming?
If so, contact the Extension Office. They'd love to hear from you.
- COVID Programming Updates
 - Club & Project Meetings Can Happen
 - New Programs & Traditional Ones
- Make Connections! & More!

How Do You Attend?

This will be a virtual meeting with an in-person option. Due to participation regulation, the meeting will take place via zoom. We encourage participants to join virtually. However, we understand that some 4-H families have connectivity concerns. So no one is left out, Holly will host an in person site at the Lincoln County Service Center for those that absolutely do not have connection at home. Limited spots are available and will be filled on a first register basis. Everyone must pre-register for this meeting to acquire zoom link and provide where you are joining the meeting from. Questions? Contact Holly.

Registration Link:: <http://bit.ly/LG4HAnnualMeet>

Reminder: If you plan to attend either virtually or in person, you do need to register for this meeting.



The Ambassadors are planning the March Take & Learn Kits. STEM is the theme and there are 2 different kits to choose from based on age. Why not join them for some learning that is out of this world!

4-H Ambassadors of Langlade & Lincoln Counties Present...



STEM



Take & Learn Kits

Inspire Kids Through At-Home Activities

Engineering | CREATIVITY | Engagement

Registration
Open
Feb. 18- 28
COST: \$8 per kit

Two different kits to choose
from:
5K-2nd Grade &
3rd Grade & Up

Register at: <http://bit.ly/LL4HSTEMKIT>

UW Extension Lincoln & Langlade Counties

Contact holly.luerssen@wisc.edu



EASY AS PIE



SPIN CLUB

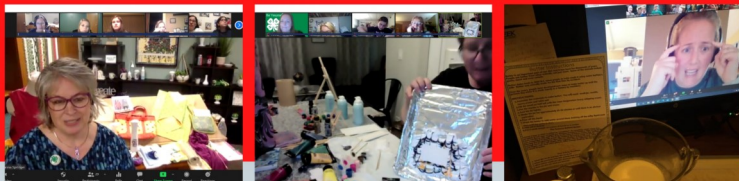
TUESDAYS AT 7:30 PM
FEBRUARY 16-MARCH 23

LIMITED TO 100 PARTICIPANTS IN GRADES 6 & UP



Easy as Pie SPIN Club will teach you that making pie really is easy as pie! Each Tuesday Night, you will learn a new type of pie ranging from a basic pie with a cracker crust advancing your way to a more detailed pie. The program will meet at 7:30 pm and all materials are the responsibility of the participants. Registration is limited to one hundred youth in grades 6 and up (does not have to be 4-H) and can be done in 4-H Online. Sessions will be recorded and available after each night.

If you have questions about the program, please reach out to hedi.vanderloop@wisc.edu.



VIRTUAL LEARNING COMMUNITY

CONNECT.LEARN.SHARE.
CONNECTION BEFORE CONTENT



Have you checked out the Virtual Learning Community? More virtual learning opportunities for all ages are being added weekly. Check it out to learn more workshops to take or how you can lead a statewide 4-H workshop. If you have questions, contact Holly, who is part of the Virtual Learning Community team.

<https://4h.extension.wisc.edu/virtual-learning-community/>



This summer when the Pesobic Pathfinders met over Zoom to discuss how our group was going to meet, we brainstormed ideas and voted to create a movie and cooking club within our group. Then we nominated two members to chair each of the clubs and keep us organized and on task. Our first movie was Swiss Family Robinson and over the holiday we selected It's a Wonderful Life. We then moved on to musicals and chose Fiddler on the Roof. In the cooking club we had heard one member speaking highly of his famous pork chops, so we decided to have everyone cook pork chops, take pictures and share the recipe. It was a huge hit with the group and parents alike. Then we moved on to homemade pizza and currently we're challenging ourselves with a cranberry pastry that is twisted, then baked with a drizzle of white icing after it's cooled. We can't wait to see how everyone's turns out. Next month, who knows?!?!? It could be cookies or it could be egg rolls. But we're learning and sharing and having a great time.

Eva Jaroski
Pesobic Pathfinder Secretary





Merrill Busy Bees created Christmas Cards to be distributed to Veterans in the area by Northwoods Post. Even with the current COVID The Merrill Busy Bees continue their tradition of community service with Christmas cards for Veterans,



Michelle Rathke, Wis State Vice Commander; Janet Tesch, Tyler Zastrow, Hunter Stadler, Amara Lazare, Denise Radloff VFW Auxillary Vice President, Front Row; Ben Zastrow and Leo Lazare.

Congratulations to Joseph Jaroski!

We're proud to announce Joseph as a finalist in the Wisconsin 4-H Foundation Art Contest.

Joseph Jaroski, a member of Pesobic Pathfinders 4-H Club, was selected as an Honorable Mention Award Winner in the 2021 Wisconsin 4-H Foundation's Art Contest. More than 160 entries were considered by a panel of judges. The panel chose a winner in each of the eight categories and a Best of Show, as well as selecting four Honorable Mention award winners, two Special Merit award winners and six Emerging Artist award winners recognizing young artists with creative promise.





The Club Leadership Training will provide you with skills and tools to successfully organize a 4-H Club. Plan to attend this 4 part workshop. Bring your leadership questions. Invite a club youth leader to join you.

Adult & Youth

LEADERSHIP TRAINING



*A series of four at-home leadership trainings
led by area UW-Extension Educators.*

For adults and youth who want to lead or assist youth in a 4-H community club or start a new 4-H club

- 1 7 p.m. Wed., April 7: 2 7 p.m. Wed., May 5: 3 7 p.m. June 2 4 Sept. (TBD):
What can you do in a club? How to make learning fun! Planning a club year Officer Training



REGISTER BY Friday, March 19

Online: <http://oneida.extension.wisc.edu>

Phone: 715-365-2750



Available and free to all adults and youth in Oneida, Lincoln, Langlade, Price, and Taylor counties.

Complete the training series and you will be ready to help make a positive impact in the lives of others and in your community!

An EEO/AAE employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.



BONUS! Clubs whose new leaders complete this training will receive a \$25pizza gift card to be used toward a club pizza party.



GAME NIGHT



JOIN THE FUN!

When: Friday, February 19th

Time: 6:30-7:30 pm

Where: Virtually through Zoom

The Langlade & Lincoln County 4-H Ambassadors are planning the next Family Game Night. There will be fun for the whole family. So plan on joining us.

Register at: <http://bit.ly/LLGameNight>



The 2021 Summer Camp season is not that far away. Currently, the frame work of camp is being planned by the 4-H Educators. They are making plans for the following options: traditional overnight camps, hybrid with local day camps, or virtual/at-home camps. Once we know the participation guidelines, we roll out information for counselors, chaperones, and campers.



Updates will hopefully, be available in April 2021.

Questions? Contact Holly Lverssen,

4-H Educator, at
holly.lverssen.wisc.edu.

2021 Summer Camp Updates



THE 4-H AMBASSADORS
OF LANGLADE & LINCOLN COUNTIES PRESENT

Fill Others Pots with Gold



FOOD PANTRY COLLECTIONS

MARCH 1-17, 2021

The 4-H Ambassadors encourage you to 'Put our Hands to Larger Service.' They have organized a food collection for *Kinship of Tomahawk* and the *Antigo Food Pantry*. All types of non-perishable food and personal hygiene items will be accepted.

Drop Off Locations (During Business Hours)

- Langlade & Lincoln County Extension Offices
- H&R Block in Tomahawk

**Added Bonus:
A FRIENDLY COMPETITION!**

Which county 4-H Program will collect more food items?
Number of items will updated on Fridays during the collection dates.



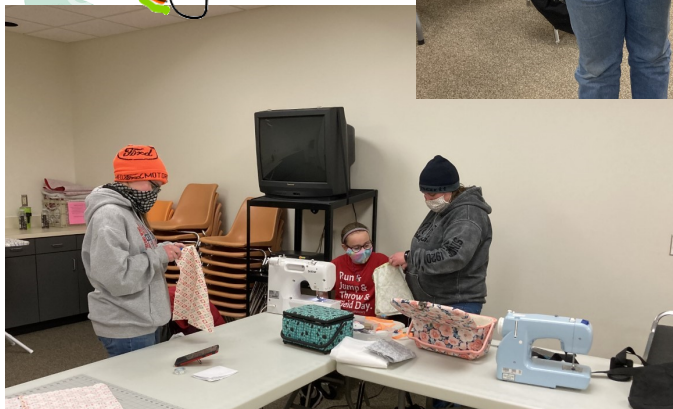
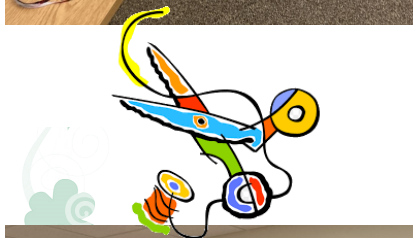
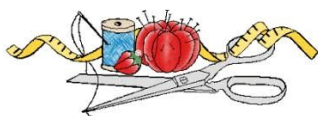
LOOK AT US SEW!

The Sewing Club is BACK!

We will continue to meet on the second Monday of the month, typically from 6-8pm at the Lincoln County Service Center room 156. **Due to there March 8th, I will be offering two sessions each day running from 4:30-6:00pm and 6:30-8:00pm.** We will need to take precautions yet, due to Covid, and are limited to 10 people per session so please sign up in advanced. I will have pre-packaged kits available for making face masks or rice bags (no charge!) or bring a project you would like some help with. I look forward to seeing you soon!

Maxine Schuetze

715-212-2838 or hazmax822@gmail.com





The Lincoln County 4-H Ambassadors are creating a spark in Lincoln County. They have been meeting virtually to plan several upcoming activities for all 4-H families.

Are you a teen who would like to be an Ambassador?

The Ambassador program is open to youth in grade 7 and up. It's not too late to take part! If you are (or know a youth) interested in joining the Ambassador Team, contact Becky at the 4-H office!

Currently the ambassadors are working with their counterparts in Langlade County. Not only are we building strong ties of friendship across county lines, we are also making plans to bring 4-H into the community through service and engagement activities.



Upcoming Ambassador Sponsored Events

Feb 19thFamily Game Night

March STEM Take & Learn Kits

March 1st-17th Food Pantry Collection

See pages 4, 9 & 11 for more information!



We are looking forward to holding our traditional spring contests.

We hope to hold them in person with small groups assigned to performance times. In order, to move forward, we do need a few youth and adults to assist with planning.

In the past, clubs have volunteered to run these events and the ambassadors have assisted. It doesn't have to be a club, though. If you are a youth or adult volunteer looking to help get these awesome events rolling again, let us know!

Communication Contest: 2-3 people

- Coordinate the event; select venue; secure judge; plan awards; and create marketing materials;

Drama, Lip Sync & Music Festival: 2-4 people

- Coordinate the event; select venue; secure judge; plan awards; and create marketing materials;

We need you!



Once committees have been formed, we will share out specific information for the contests.

Contact Holly, 4-H Educator, if you are interested in helping on one of these county-wide, educational events!

Holly.luerssen@wisc.edu

LET'S DO THIS!



Free



WHY YOU SHOULD CONSIDER BEING A YOUTH MENTAL HEALTH FIRST AIDER

59.4%

of Wisconsin Youth
have experienced depression, anxiety,
self-harm, or suicidal ideation in the past
12 months

1 in 5

Youth live with
a mental health condition



MENTAL
HEALTH
FIRST AID

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people.

Find out more about Mental Health First Aid and
sign up for a FREE training:

<https://wirose.wisc.edu/community-programming/>



First Aiders will complete a 2-hour, self-paced online class, and then participate in a **REQUIRED** Instructor-led Zoom Meeting. The zoom meeting are 4 hours (Youth) to 6 hours (Adult) and you **MUST** attend them to earn your certification.

Register TODAY ! Sessions fill up fast !

WHY YOU SHOULD CONSIDER BEING A MENTAL HEALTH FIRST AIDER



On average

123

people die by suicide each day

1 in 5

people live with
a mental health condition



MENTAL
HEALTH
FIRST AID

Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

Free



Extension

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& MORE

Coming this Spring:

Another Cans For Kids aluminum can drive!
Annual plant sale fundraiser!

Watch our facebook page for details!
www.facebook.com/LincolnUWExtension