



4-H Express

National 4-H Week Mini-Edition

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Grounded
in the past
Built
for the future



Hello Lincoln County 4-H!

It's National 4-H Week, and you are one of 6 million other 4-H members who are celebrating. Why? Because 4-H is teaching you to be a better person, one who cares about the environment and the community. 4-H is teaching you about careers and how to prepare for your future.

The new WI 4-H Movement is alive in our community there are many different opportunities for you to belong together! When you belong together, you recognize, understand, respect, and appreciate each other. Here are some ideas to encourage you to belong together. We live out The Wisconsin 4-H Movement by leading group activities at club meetings, bond with fellow members and the community in a community service experience, and ensure that everyone in the club feels invited and welcome at every meeting/event.

This National 4-H Week, I urge you to celebrate with 4-Hers from around the state by following the Spirit Day Calendar. Feel free to add comments to our daily Facebook posts on how you are sharing your 4-H spirit.

~Holly



NATIONAL

4-H WEEK

OCTOBER 4-10, 2020

Purpose Statement

"We teach, learn, lead and serve, connecting people with the University of Wisconsin, and engaging with them in transforming lives and communities."



Extension
UNIVERSITY OF WISCONSIN-MADISON
LINCOLN COUNTY

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Lincoln County 4-H Express



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UNIVERSITY OF WISCONSIN-MADISON



Show Your Support for 4-H

National 4-H Week Celebration!!

JOIN US October 6th
7:00 p.m.

LEARN about the new 4-H Movement

GET tools for 4-H Volunteers

CELEBRATE the 4-H Hall of Fame Laureates

Resister at: bit.ly/4HWeekCelebration2020

Registration is required. To ensure the celebration is a safe space, you will be sent the zoom link to your email from 4-H Online. It will have the link and passcode.

Display a "We are 4-H" Centennial Sign!

Extension Lincoln County has these beautiful signs waiting for people to pick them up and display them!

They are FREE! Stop by and pick one (or two) up!

Put it in your window, hang it on your desk, or put one on your camper or boat!

Fill with world
with 4-H

We are 4-H

Lincoln County



Grounded in the past,
Built for the future!

Celebrating 100
years of Lincoln
County 4-H



It's time to register for the 2020 Fall Forum. Last year we attended the conference in Green Lake, WI. While we can not meet in Green Lake this year, we can attend the conference virtually.

Going virtual will hopefully allow more 4-H members and leaders attend due to a lower cost and no travel needed. The committee is promising a very engaging conference.

Fall Forum is open to all youth, 7th grade and older and adult leaders. Friday night's social workshops will engage everyone in a variety of activities, including the Pet Parade and Party that Jacob Adamski and Holly Luerssen are leading. What a great way to get to know each other in your breakout room then sharing your pet with everyone. Saturday will feature workshops that will help you learn new skills no matter what your interests are.

Cost for the workshop is only \$20 this year. All participants will receive a t-shirt and other conference materials. What a bargain!

Check out the flyer for more information on Fall Forum and consider registering today. BTW, over 200 4-H members and adults from around the state have already registered. Why not join them?

2020 WISCONSIN 4-H FALL FORUM

November 6-7, 2020

Don't Miss Your Chance to Enjoy:

- Friday Night Interactive Sessions
- Keynote with Jennifer Sirangelo, President & CEO of National 4-H Council
- Saturday workshops led by youth and adults
- Introductions to the Wisconsin 4-H Leadership Council & Wisconsin 4-H Hall of Fame Laureates
- Meeting 4-H members and volunteers from across the state!

Visit the 4-H Fall Forum Website for details: <https://fyi.extension.wisc.edu/wi4hvolunteers/2020-fall-forum/>

Cost to participate is \$20 - which includes a t-shirt and some workshop materials

Register online by October 1st!

https://uwmadison.co1.qualtrics.com/jfe/form/SV_3BDXnHMBL2eX0EZ



NATIONAL 4-H WEEK

SUN.

4

Be Yourself

**Show the world why
you love 4-H!**

**How does 4-H help
you explore your
sparks and interests?**

Wear bright clothes
and shine like you
were meant to!

Update your profile
pic with the WI 4-H
Movement Frame

MON.

5

Build Connections

**Connect with a 4-H
Friend;
someone from your
club or 4-H camp,
someone you have
traveled with on a
4-H educational
experience.**

A walk in a park,
chat over the phone
or via social media,
send a card.

Think about wearing
the same outfit as a
4-H friend or finding
something blue to
wear!!

TUES.

6

Explore New Opportunities

**Post a pic of you
enjoying a great
4-H opportunity**

Wear a shirt from a
great 4-H
experience such as:
Camp, CWF, Fall
Forum, State Youth
Conference, Space
Camp or a county-
wide program or
experience!

WEDS.

National 4-H Day

**Wear GR
anything
shows y
SPIRIT**

Make sure
of your fri
about 4-H
encourag
to join in t

Lincoln County



**“A LOT OF GROUPS GO OUT THERE
AND TALK ABOUT IT—WE GO OUT
THERE AND **ACTUALLY DO IT.**”**



JOIN THE REVOLUTION
OF RESPONSIBILITY



NAL Week

Make sure you tag WI 4-H in your posts using the following hashtags:
#wi4Hmovement
#opportunity4all

7	THURS. 8	FRI. 9	SAT. 10
<p>4-H Week</p> <p>GREEN and else that our 4-H PRIT!</p> <p>e to tell all ends H AND e others he FUN!</p>	<p>Belonging Together</p> <p>Highlight your favorite 4-H Club Memory because it's Throwback Thursday.</p> <p>Share a photo and/or memory from something you have done with your 4-H Club in the past. If you have an "old" club t-shirt...wear it?!</p>	<p>Discovering Skills</p> <p>Shout out to 4-H volunteers, mentors, peers, teachers who have helped you discover your skills</p> <p>Tag someone who has made a difference in your life by teaching you skills...why not share the skills you've learned too! Great day to wear tie-dye to celebrate!!</p>	<p>Giving Back to Your Community</p> <p>Share a pic of your favorite service project</p> <p>Lift up and tag a community partner or business who supports 4-H!! Think about wearing something that reflects how you like to serve and give back!!</p>

...for my club,
my community,
my country,
and my world...

Lincoln County





Centennial Display Contest

Sponsored by Lincoln County 4-H Leader's Association

Lincoln County



Grounded in the past,
Built for the future!

Let's Celebrate the
Lincoln County 4-H
Centennial during National
4-H Week!

Rules and Restrictions

- Open to ALL Lincoln County 4-H clubs and families
- All displays must be visible for the public to see (front yards, store windows, lobby displays, etc.) the entire week of October 4-10. (They can be inside or outside.)
- Displays will be judged at the October meeting of the 4-H Board of Directors.
- Only one (1) display per family and/or club may be entered. (A family may do their own display, plus help their club make one.)
- Displays will be judged on eye appeal, neatness, originality and conveying a clear message about the Lincoln County 4-H Centennial.

Prizes!

Family entry Club entry

1st—\$10	1st—\$15
2nd—\$6	2nd—\$10
3rd—\$4	3rd—\$5

To enter:

- Email rebecca.kludy@wisc.edu with
 - A picture of the display
 - Name of club or family
 - Names of all who helped make the display
 - Where the display is located
- Entries must be received by **Monday, October 12th**.
- Displays must be up the **entire week of Oct 4-10**.

Requirements

- It needs to include
 - A clear message about the Lincoln County 4-H Centennial: 100 years of Lincoln County 4-H, A Century of Growing with Lincoln County 4-H or something similar!
 - Contact information of website ("bit.ly/JoinLC4H") or phone ("715-539-1072").
- Displays will be judged at the October 4-H Board of Directors meeting.
- Only one (1) display per family and/or club may be entered. Therefore, a family may do their own display, plus help their club make one.
- Do not place anything over the 4-H Clover. It must be only in green, black or gold/yellow.


100 YEARS

1200—MONTHS

36,492—DAYS

875,808—HOURS

52,548,480—MINUTES

3,152,908,800—SECONDS



Share your joy of
4-H so that others
can discover the joy
of 4-H!


4-H'ers participate in



5M
ANNUALLY
SCIENCE
PROJECTS



2.5M
ANNUALLY
HEALTHY LIVING
PROJECTS



2.5M
ANNUALLY
CITIZENSHIP
PROJECTS

100 for 4-H!

A century is 100 years — so why not celebrate the Lincoln County centennial by doing 100 of ANYTHING? Choose something you love to do and do it 100 times to celebrate the Lincoln County 4-H Centennial!

- Do 100 jumping jacks or sit-ups
- Walk 100 steps or yards or miles
- Do 100 acts of kindness
- Harvest 100 beans or potatoes or ears of corn or...
- Sew 100 masks
- Draw 100 pictures
- Ride a horse or a bike or a kayak 100 times
- Go on a 100 hikes
- Build 100 things (out of wood or Legos or play dough or...)

You don't have to do it by yourself! Choose something big, recruit some friends, and divide the work up! Want to can 100 jars of jam? Find 10 people to work with and you each only have to can 10 each. Your choices are as big as all of 4-H! Decide what you want to do and do it (100 times)!

Take some pictures and remember to wear or display something that says "Lincoln County 4-H". Then go to bit.ly/100for4H and let us know what you did.

We will put it up on Facebook and share it with the world!

Lincoln County





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LINCOLN COUNTY



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Official Business

Penalty for Private Use, \$300

RETURN ADDRESS REQUESTED



4-H 

ENROLLMENT INFORMATION



2020 Registration is still a work-in-progress!

Wisconsin 4-H is working out the bugs in the new online registration.

We will let you know when it goes online!

(The usual November 1st deadline is waived for this year!)