

# Lincoln County Parent Pact



## As parents/guardians We Believe In:

- ◇ Modeling positive behaviors.
- ◇ Being a safe and trusted adult not a cool peer to a child or youth.
- ◇ Providing a safe environment whenever children and youth are present.
- ◇ Ensuring that other adults in the home maintain these standards.

## As parents, we agree to:

- Actively supervise all gatherings of youth in our home or on our property or ask another responsible adult to help.
- Keep our firearms locked, unloaded and separate from ammunition as recommended by the American Academy of Pediatrics.
- Monitor television, movie, video game, Internet and cellphone use.
- Encourage responsible driving habits – motor vehicles, bicycles, land and water recreational vehicles.
- Not allow the possession or use of alcohol, tobacco, or other drugs (including over-the-counter and non-prescribed prescription medication) by youth in our home or on our property.
- Not tolerate bullying. Bullying is defined as intentionally aggressive behavior that can take many forms (verbal, physical, social/relational/emotional, or cyber bullying - or any combination of these).
- Not permit any form of sexual violence/assault. Sexual violence/assault is any verbal, visual, written/typed, or physical act that breaks someone's sense of trust and/or safety and is sexual in nature. It is also any sexual contact or intercourse without the person's consent.
- Serve as a positive role model for youth in our lives.



# Parent-to-parent communication is a good thing You don't have to do this alone!

- Talk with other parents to ensure that plans are mutually understood and agreed upon. Exchange phone numbers and email with each other so you can stay in contact.
- Communicate about and respect an individual parent's expectations for his/her child when the child is under your supervision.
- Talk about concerns or issues with the appropriate parent(s).



## Conversation Starters

"Hi! I'm \_\_\_\_\_'s mom. I just want to meet you."

"I'd like to be on the same page when our kids are together at your house or mine. Can we talk about it?"

"This might seem really awkward to talk about, but I wanted to ask you about the Parent Pact..."

"Do you have any house rules I need to be aware of?" or "What are your house rules?"

"My family has a family rule about \_\_\_\_\_. Are there any rules for your children while they are at our house?"

"I have a sort of guide to share with you about house rules for our kids. Would you look at it with me?"

"I'm such a worry wart. Kids can get into so much harmful stuff these days."

"I heard about this Parent Pact at ... (PTO, 4H, the Library, on Facebook, etc.) Got a minute?"

### Endorsed by these community groups and others:

