

## Primary Care Providers

Contact your primary care provider for mental health support and resources.

### Ministry Medical Group, Merrill (Part of Ascension)

3430 E. Main St. • 715-804-7500

### Marshfield Clinic—Merrill Center

1205 O Day St. • 715-539-0101

### Aspirus—Merrill

3333 E. Main St. • 715-539-5600

### Ministry Medical Group, Tomahawk (Part of Ascension)

401 W. Mohawk Dr. • 715-453-7200

## Additional Resources



[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)



[centerforsuicideawareness.org](http://centerforsuicideawareness.org)



[namiwisconsin.org](http://namiwisconsin.org)

## Serving Lincoln County

# MENTAL HEALTH RESOURCE GUIDE



*Connecting the Community  
to Mental Health Resources*



*This guide may not include all mental health resources in Lincoln County. This is not intentional. Please contact Lincoln County Health Department at 715-536-0307 with any updates and additions.*

## Center for Human Development

1509 N. 4<sup>th</sup> St. Tomahawk  
715-842-0944 or 800-236-3792

### Services

Outpatient behavioral health for adults, youth, children, couples and families. Counseling for ADD, anger management, anxiety, attachment disorders, depression, eating disorders, marital problems, pre-marriage preparation, parenting issues, PTSD and stress management.

### Credentials

Wisconsin State Certified Outpatient Mental Health Center, Licensed Mental Health Professionals

### Accepts

Most Insurance Companies, Badgercare, Private Pay. Financial arrangements are available.

## Veterans Service Office

801 N. Sales St. Ste. 104 Merrill  
213 W. Wisconsin Ave. Tomahawk  
715-539-1083  
Crisis Line: 1-800-273-8255

**Merrill Office:** Monday—Thursday, 8:00am—4:30 pm, Friday by appointment  
**Tomahawk Office:** First and third Tuesdays, 8:00 am —4:00 pm

## School Mental Health Services

School-based mental health services are offered in both Merrill and Tomahawk school districts. Contact your school's Student Services Office for more information.

## The Centre for Wellbeing, Inc.

901 N. 6<sup>th</sup> St. Wausau • 607 Cedar St. Merrill • 1415 Eagle St. Rhinelander  
715-848-5022

### Services

Mental health counseling including EMDR and Eating Disorders therapy. AODA (substance use disorders)/addiction counseling. Psychological evaluations and testing. Counseling for individuals (children, adolescents and adults), couples and families.

### Credentials

Psychologists, AODA and Dual Diagnosis certified, Masters-Level Counselors

### Accepts

Private Insurance, Medicaid, Medicare, Self-Pay

## National Alliance on Mental Illness NAMI Northwoods

PO Box 262, Wausau  
715-432-0180  
[naminorthwoods@gmail.com](mailto:naminorthwoods@gmail.com)

NAMI Northwoods is an affiliate of NAMI, a non-profit organization that provides support, education, and advocacy throughout Lincoln, Marathon and Langlade counties on behalf of individuals and families affected by mental illness.

NAMI offers evidenced based programs and support groups for individuals affected by mental illness. Contact NAMI Northwoods at 715-432-0180 to learn what programs are being offered locally.

### Peaceful Solutions Counseling

726 E. Second St. Merrill  
741 N. First St. Wausau  
715-675-3458

#### Services

Outpatient psychological therapy. Individual (as young as 3 years of age), couple and family therapy. Domestic-violence group therapy. Alcohol and Other Drug Abuse (AODA) counseling, and dual purpose counseling.

#### Credentials

Masters Level Therapists

#### Accepts

Private Insurance, Medicaid, Medicare, Self-Pay, Sliding Scale

### Psychological Resource Center

1218 N. 4<sup>th</sup> St. Ste. 108, Tomahawk  
715-224-2100

#### Services

Family and individual counseling for all ages; specialize in teens and families, anger issues, anxiety, AODA, ADHD, autistic spectrum disorders, critical incident stress debriefing, depression, divorce loss grief, marital and family conflict, mental health, PTSD, sexual abuse, sex offenders and stress.

#### Credentials

Licensed Professional Counselor, Licensed Professional Counselor in Training, Advanced Practice Social Worker

#### Accepts

Most Private insurance, Self-Pay, Medicaid, Badgercare, EAPs

### Soul-full Solutions

1104 W. 10<sup>th</sup> St. Merrill  
715-805-6111

#### Services

Counseling for abuse, ADHD, anger management, anxiety, couples, depression, families, personality disorders, PTSD including veterans, spiritual and trauma. Individual, including adolescents, couple and family therapy.

#### Credentials

Master Mental Health Counseling, Master of Social Work, Professional Counselor

#### Accepts

Private Insurance, Self-Pay, Medicaid

### Visions Counseling Inc.

N2355 Smith Rd. Merrill  
715-551-1970

#### Services

Outpatient mental health and addiction treatment and recovery. Counseling for depression, anxiety, relationship issues and addictions. Wellness education for groups, individuals, couples and families. Children under 13 with family. Christ centered.

#### Credentials

Certified Trauma Counselor, Licensed Clinical Social Worker, AODA Counselor

#### Accepts

Private Insurances, Medicaid, Medicare, Self-Pay, Sliding Scale

### Ministry Health, Part of Ascension Behavioral Health

1020 Kabel Ave. Rhinelander  
715-361-2805

#### Services

Outpatient behavioral health services for adults, children (as young as 6 years) and families; therapy, addiction therapy, testing, AODA counseling, inpatient mental health services and psychological therapy for adults.

#### Credentials

Master Level Therapists, Psychiatrists, Psychologists, Advanced Practice Nurse Practitioner, Alcohol and Other Drug Abuse Counselors

#### Accepts

Private Insurance, Medicaid, Medicare

### North Central Health Care

Merrill Office: 607 N. Sales St. Ste. 309  
715-536-9482

Tomahawk Office: 213 W. Wisconsin Ave. 715-453-5381

24/7 Emergency Crisis and Suicide Prevention Line: 715-845-4326  
or 1-800-799-0122

Lincoln County Mobile Crisis:  
715-536-9482 (24/7)

#### Services

Mental health and substance abuse treatment, recovery and support for adolescents and adults. AODA Day Treatment Program, inpatient services and crisis beds (offered at the Wausau Campus). Therapy and counseling, assessments, evaluations, and medication management services; specialized programs for persistent to severe mental illness.

#### Credentials

Psychiatrist, Psychiatric Nurse Practitioners, Professional Counselors, Masters Level, Licensed Clinical Social Workers, Clinical Substance Abuse Counselor, Licensed Professional Counselors

#### Accepts

Private Insurance, Medicaid, Medicare, Self-Pay, Sliding Scale

### Household Abuse Victims Emergency Network (HAVEN)

1106 E. 8<sup>th</sup> St., Merrill  
Mondays at Tomahawk Annex  
213 W. Wisconsin Ave.  
715-536-1300 (24/7)

#### Services

Confidential services for domestic abuse and violence, sexual abuse/ assault, child abuse and elder abuse. 24/7 crisis line. Emergency transportation. Secure shelter. Advocacy for interpersonal abuse and sexual assault, including assistance with legal process. Support groups. Referrals and follow up. Community education for all ages.

#### Credentials

Human Services

#### Accepts

Free and confidential

### Employee Assistance Programs

Employee Assistance Programs (EAPs) provide confidential, short-term counseling services for employees who are experiencing personal problems. Talk to your employer to see what services are available to you.