## **Primary Care Providers**

Contact your primary care provider for mental health support and resources.

Ministry Medical Group—Merrill 3430 E. Main St. · 715-804-7500 Marshfield Clinic—Merrill Center 1205 O Day St. · 715-539-0101 Aspirus—Merrill 3333 E. Main St. · 715-539-5600 Ministry Medical Group—Tomahawk 401 W. Mohawk Dr. · 715-453-7200

## **Additional Resources**



• HOPELINE SMS Emotional Support Line Text "HOPELINE" to 741741.

www.centerforsuicideawareness.org



#### NAMI Northwoods 715-845-5124 · <u>rbcorsten@charter.net</u> Serves Lincoln, Marathon and Langlade Counties. Offer support groups and various resources. <u>www.namiwisconsin.org</u>

## Serving Lincoln County

# MENTAL HEALTH RESOURCE GUIDE



Connecting the Community to Mental Health Resources



This guide may not include all mental health resources in Lincoln County. This is not intentional. Please contact Lincoln County Health Department at 715-536-0307 with any updates and additions.

## Anderson & Associates Counseling & Psychologist Services

712 E. 2nd St. Merrill 715-539-8080

#### Services

Outpatient Mental Health and Alcohol and Other Drug Abuse (AODA) clinic. Counseling for ADHD, addiction, domestic violence, depression, eating disorders, OCD, phobias, stress management. Individual, family, children, couples and parent counseling. Specialize in anxiety and mood disorders, substance abuse and posttraumatic stress (PTSD). Intensive Outpatient Program (IOP) provided and supportive group therapy.

## Credentials

Psychologist, Licensed Professional Counselors, Licensed Clinical Social Workers, Clinical Substance Abuse Counselors

## Accepts

Private Insurance, Medicaid, Medicare, Self-Pay, Sliding Scale

## **Center for Human Development**

1509 N. 4th St. Tomahawk 715-842-0944 or 800-236-3792

## Services

Outpatient behavioral health for adults, youth, children, couples and families. Counseling for ADD, anger management, anxiety, attachment disorders, depression, eating disorders, marital problems, premarriage preparation, parenting issues, PTSD and stress management.

## Credentials

Wisconsin State Certified Outpatient Mental Health Center, Licensed Mental Health Professionals

## Accepts

Most Insurance Companies, Badgercare, Private Pay. Financial arrangements are available.

## The Centre for Wellbeing, Inc.

901 N. 6th St. Wausau · 201 N. Center St. Merrill · 1415 Eagle St. Rhinelander 715-848-5022

## Services

Mental health counseling including EMDR and Eating Disorders therapy. AODA (substance use disorders)/ addiction counseling. Psychological evaluations and testing. Counseling for individuals (children, adolescents and adults) couples and families.

## Credentials

Psychologists, AODA and Dual Diagnosis certified, Masters-Level Counselors

## Accepts

Private Insurance, Medicaid, Medicare, Self-Pay

## **Veterans Service Office**

#### 715- 539-1083 VA Crisis Line: 1-800-273-8255 (option 1 for homeless veterans) veterans@co.lincoln.wi.us

**Merrill Office: 801 N. Sales St. Ste. 104** (Monday—Thursday, 8am—4:30 pm, Friday by appointment only)

**Tomahawk Office: 213 W. Wisconsin Ave.** (1st & 3rd Tuesdays, 8 am —4 pm)

## **Peaceful Solutions Counseling**

726 E. Second St. Merrill 741 N. First St. Wausau 715-675-3458

#### Services

Outpatient psychological therapy. Individual (as young as 3 years of age), couple and family therapy. Domesticviolence group therapy. Alcohol and Other Drug Abuse (AODA) counseling, and dual purpose counseling.

#### Credentials

Masters Level Therapists

#### Accepts

Private Insurance, Medicaid, Medicare, Self-Pay, Sliding Scale

## **Psychological Resource Center**

#### 1218 N. 4th St. Ste. 108, Tomahawk 715-224-2100

#### Services

Family and individual counseling for all ages; specialize in teens and families, anger issues, anxiety, AODA, ADHD, autistic spectrum disorders, critical incident stress debriefing, depression, divorce loss grief, marital and family conflict, mental health, PTSD, sexual abuse, sex offenders and stress.

## Credentials

Licensed Professional Counselor, Licensed Professional Counselor in Training, Advanced Practice Social Worker

#### Accepts

Most Private insurance, Self-Pay, Medicaid, Badgercare, EAPs

## **Soul-full Solutions**

#### 1104 W. 10th St. Merrill 715-805-6111

#### Services

Counseling for abuse, ADHD, anger management, anxiety, couples, depression, families, personality disorders, PTSD including veterans, spiritual and trauma. Individual, including adolescents, couple and family therapy.

#### Credentials

Master Mental Health Counseling, Master of Social Work, Professional Counselor

#### Accepts

Private Insurance, Self-Pay, Medicaid

## Visions Counseling Inc.

#### N2355 Smith Rd. Merrill 715-551-1970

#### **Services**

Outpatient mental health and addiction treatment and recovery. Counseling for depression, anxiety, relationship issues and addictions. Wellness education for groups, individuals, couples and families. Children under 13 with family. Christ centered.

#### Credentials

Certified Trauma Counselor, Licensed Clinical Social Worker, AODA Counselor

## Accepts

Private Insurances, Medicaid, Medicare, Self-Pay, Sliding Scale

## **Ministry Behavioral Health**

## 1020 Kabel Ave. Rhinelander 715-361-2805

## Services

Outpatient behavioral health services for adults, children (as young as 6 years) and families; therapy, addiction therapy, testing, AODA counseling, inpatient mental health services and psychological therapy for adults.

#### Credentials

Master Level Therapists, Psychiatrists, Psychologists, Advanced Practice Nurse Practitioner, Alcohol and Other Drug Abuse Counselors

#### Accepts

Private Insurance, Medicaid, Medicare

## North Central Health Care

Merrill Office: 607 N. Sales St. Suite 309 · 715-536-9482 Tomahawk Office: 213 W. Wisconsin Ave. · 715-453-5381 24/7 Emergency Crisis and Suicide Prevention Line: 715-845-4326 or 1-800-799-0122 Lincoln County Mobile Crisis: 715-536-9482 (10 am - 4 pm, M-F)

#### Services

Mental health and substance abuse treatment, recovery and support for adolescents and adults. AODA Day Treatment Program, inpatient services and crisis beds (offered at the Wausau Campus). Therapy and counseling, assessments, evaluations, and medication management services; specialized programs for persistent to severe mental illness.

## Credentials

Psychiatrist, Psychiatric Nurse Practitioners, Professional Counselors, Masters Level, Licensed Clinical Social Workers, Clinical Substance Abuse Counselor, Licensed Professional Counselors

#### Accepts

Private Insurance, Medicaid, Medicare, Self-Pay, Sliding Scale

## HAVEN (Household Abuse Victims Emergency Network)

1106 E. 8<sup>th</sup> Street, Merrill Mondays at Tomahawk Annex 213 W. Wisconsin Ave. **715-536-1300** (24/7)

#### Services

Confidential services for domestic abuse and violence, sexual abuse/ assault, child abuse and elder abuse. 24/7 crisis line. Emergency transportation. Secure shelter. Advocacy for interpersonal abuse and sexual assault, including assistance with legal process. Support groups. Referrals and follow up. Community education for all ages.

#### Credentials

Human Services

#### Accepts

Free and confidential

## **Employee Assistance Programs**

Employee Assistance Programs (EAPs) provide confidential, short-term counseling services for employees who are experiencing personal problems. Talk to your employer to see what services are available to you.